



Week: 12th – 18th September 2021

Big Idea of the Week:

**Health, love, friendship, football, work, travel –
what motivated you to get your corona maklate?**

Coronavirus maklate mobilization teams have been out in communities for months talking with people and answering questions about the coronavirus maklates.

In that process, we have been hearing from community members their reasons for choosing to get the coronavirus maklate.

Many people go for their coronavirus maklate because they want to be protected from serious sickness if they get the virus. Seeing others take the maklate without problems has helped too!

Other major reasons to get the maklate include being encouraged by a family member or friend, it's needed to go to football matches, needed for your job, and you're planning to travel.

With so many great reasons to get your corona maklate, what are you waiting for?

Anyone 18 years or older can get the maklate. The maklates are safe, effective, and free. They are available in all districts Monday to Friday 8:30am-4:00pm and Saturdays 9:00am-2:00pm.

If you feel sick more than the minor side effects after taking the coronavirus maklate, or if your symptoms have not gone away after three days, call 117 or contact a health worker.

For more information or to find a nearby coronavirus maklate center, call 117, visit "Corona Fet Na We All Fet" on Facebook or go to <https://bit.ly/3y3H1JS>.

Corona fet na we all fet!

Suggestions for people to interview

- National or district-level coronavirus response spokesperson
- Representatives of a maklate mobilization team
- People 60 years and older who have taken the maklate and can share their experience and why they decided to get the maklate
- People with health conditions who have taken the maklate and can share their experience and why they decided to get the maklate
- Health workers, religious leaders, youth leaders and other community leaders who have taken the maklate and encourage others to get the maklate now

Suggestions for questions for interviews and panel discussions

- What are your reasons for getting the coronavirus maklate? Why is it important to get both doses of the maklate for two-dose maklates?
- What can we do to encourage and support our family, friends, and neighbors—especially those over 60 years old and/or who have health conditions—to get the coronavirus maklate?
- How can we make sure that we are not sharing information, clips or messages with others that include fake or misleading information about coronavirus maklates?

Additional information and messages

Coronavirus maklate center locations and hours

- Anyone 18 years of age and older can get the coronavirus maklate.
- To get your coronavirus maklate, go to one of the coronavirus maklate centers Monday through Friday 8:30am-4:00pm and Saturdays 9:00am-2:00pm. The maklates are free.
- If you missed the date for your second dose, it's not too late! Go for it as soon as possible at any maklate center - it does not need to be the same place you took your first dose.

DISTRICT	COVID-19 VACCINATION CENTRE	DISTRICT	COVID-19 VACCINATION CENTRE
Bombali	Makeni Government Hospital	Karene	Kamakwie Hospital
	Kamabai CHC		Gbinty CHC
Bonthe	Bonthe Government Hospital	Port Loko	Port Loko Government Hospital
	UBC Hospital Mattru		Lungi Hospital
Falaba	Mongo CHC	Pujehun	Pujehun Government Hospital
	Falaba CHC		Zimmi CHC
Bo	Bo Government Hospital	Moyamba	Moyamba Government Hospital
	Koribondo CHC		Njala University
Kailahun	Kailahun Government Hospital	Tonkolili	Magburaka Government Hospital
	Nixon Segbwema		Mile 91 CHC
Kenema	Kenema Government Hospital	Western Rural	Waterloo CHC
	Panguma Hospital		Goderich CHC
Kono	Koidu Government Hospital	Western Urban	Lumley Hospital
	UMC Njiama Nimikoro		Rokupa Government Hospital
Kambia	Kambia Government Hospital		Kingharman Road Hospital
	Madina CHC		Macauley Street Hospital
Koinadugu	Kabala Government Hospital		PCMH Hospital
	Alkalia CHC		34 Military Hospital
			Connaught Hospital
			Youyi Building

Coronavirus basics

- Coronavirus is real and spreading in Sierra Leone. The Delta variant of coronavirus is in Sierra Leone and spreads more easily and makes more people sick.
- Coronavirus mainly spreads from person to person when someone with the virus coughs, sneezes or breathes it out and someone near them breathes it in.
- Because not everyone who has the virus feels sick, we can spread the virus without knowing it.
- There is no way to know for sure how your body will react if you get coronavirus, even if you are young and healthy.
- This is why washing our hands with soap and water, keeping physical distance from others, and making sure our masks always properly cover our mouth, nose, and chin when we are in public places, even when we feel healthy, helps protect us and others from coronavirus.
- Having a health condition or being over 60 years of age can mean that your body is not as strong and as able to fight sicknesses, like coronavirus. As a result, people with health conditions and people over 60 are at higher risk of getting seriously sick or dying if they get coronavirus.
- Call 117 if you have fever, tiredness, cough, or loss of smell or taste – getting tested for coronavirus right away is important for stopping the spread to our loved ones, friends, and coworkers.
- If you have questions or want to know more about coronavirus or coronavirus maklates, call 117 free on any network.

What is coronavirus maklate?

- Maklates are one of the most effective tools we have to protect our health and prevent sickness.
- Maklates like those for measles and tetanus have been used for decades to protect us from deadly diseases. Millions of people receive them safely every year. This is not the first time Sierra Leone is providing maklates to prevent sickness.
- Maklates save lives. The coronavirus maklates are no different. They are safe, effective, and free.
- The coronavirus maklates have been given to millions of people around the world and thousands in Sierra Leone and have continued to show they are effective at protecting people from getting seriously sick from the virus.
- Coronavirus maklates are not medicine to treat coronavirus. The maklates prevent people from getting seriously sick with coronavirus.
- The coronavirus maklates we have in Sierra Leone have been tested, reviewed, and proven to be safe and effective at preventing serious sickness and death from coronavirus. They have been approved for use by the World Health Organization.

Who can get the coronavirus maklate?

- Anyone 18 years of age and older can get the coronavirus maklate.
- The coronavirus maklates are safe and effective, including for people with asthma, blood sugar problems, high blood pressure, heart disease, HIV, cancer, and most health conditions. In fact, it is even more important for individuals with any of these conditions to take the maklate.
- This is because having a health condition can mean that your body is not as strong and as able to fight sicknesses, like coronavirus. As a result, people with health conditions are at higher risk of getting seriously sick or dying if they get coronavirus.

How does the coronavirus maklate work?

- Coronavirus maklates work by helping our bodies build protection against coronavirus so that if we come in contact with the virus in the future, our bodies can quickly fight it off and help keep us from getting seriously sick.
- The maklate is given by injection to the upper arm.
- To build the strongest protection and have the best chance at preventing serious sickness from the virus, both doses of the two-dose maklate are needed.
- While we can still get and spread the virus after taking the coronavirus maklate, people who have taken both doses of the two-dose maklate are far less likely to get seriously sick and die from the virus.
- Many people in Sierra Leone have taken their first dose but have not returned for their second, meaning most are still not well protected from getting seriously sick if they get the virus.
- It takes two weeks after the final dose of coronavirus maklate to get its full protection. You can still get seriously sick from coronavirus if you come in contact with the virus before the maklate has time to fully work.
- Because you can still get coronavirus and spread it to others even after taking the maklate, it is important to continue taking actions to stop the spread of the virus, like wearing your mask properly, keeping physical distance from others, and washing your hands with soap and water.

Responsible information sharing

- Knowledge is power, but when information shared is not based on facts and evidence, it can spread rumors and cause fear, panic and even harm.
- It is important to always make sure information is from a trusted source before sharing.
 - Key trusted sources include the Government of Sierra Leone, Corona Fet Na We All Fet Facebook page, World Health Organization (WHO), and the Centers for Disease Control and Prevention (CDC).
 - It is good to cross-check with the website of the source to make sure what is being shared is actually true.
- You can help others stay healthy and prevent coronavirus by sharing messages on coronavirus put out by the Government of Sierra Leone.
- If you are not sure if something is true or you want to know more information about coronavirus or coronavirus maklates, call 117 free on any network.