



**CORONA FET**



**Week: 20<sup>th</sup> – 26<sup>th</sup> June 2021**

**Big Idea of the Week:**

**Coronavirus is spreading in Salone –**

**Wear your mask, get your maklate, we can fight this!**

Sierra Leone is facing a third wave of coronavirus cases since the beginning of the outbreak. Many of these cases are from people with symptoms. Cases are happening in the districts too.

We have seen coronavirus overwhelm other countries and the sickness and death it can cause. Let us take these increasing cases seriously and do all we can now to protect ourselves.

If you have not yet taken your coronavirus maklate and you are 30 years or older, or a health worker who is 18 years or older, go for your maklate now.

Coronavirus maklates help protect us from getting seriously sick or dying from coronavirus. They are safe and free.

Remember to always wear your face mask over your nose, mouth, and chin when in public places, avoid crowds and keep physical distance from others, and wash your hands with soap and water.

Call 117 if you have fever, tiredness, cough, or loss of taste or smell.

For more information or to find a nearby coronavirus maklate center, call 117, visit “Corona Fet Na We All Fet” on Facebook or go to <http://coronafet.link/maklate>.

**Corona fet na we all fet!**

### **Suggestions for people to interview**

- National or district-level coronavirus response spokesperson
- Representatives of a maklate center team
- Health workers who have taken the maklate and encourage others to get the maklate now
- People 30 years and older who have taken the maklate and can share their experience and why they decided to get the maklate
- Religious leaders and other community leaders who support the maklate and encourage those in the priority group to get the maklate

### **Suggestions for questions for interviews and panel discussions**

- Why might coronavirus cases be increasing in Sierra Leone?
- How can each of us do our part to protect ourselves from coronavirus? What does that look like?
- What can we do to encourage and support our family, friends, and neighbors to get the coronavirus maklate?
- How can we make sure that we are not forwarding and sharing messages and posts with others that include misinformation about coronavirus maklates?

## Additional information and messages

### Coronavirus maklate center locations

- If you are eligible for the coronavirus maklate, go to one of the coronavirus maklate centers Monday through Friday 8:30am-4:00pm and Saturdays 9:00am-2:00pm.

DISTRICT	COVID-19 VACCINATION CENTRE	DISTRICT	COVID-19 VACCINATION CENTRE
<b>Bombali</b>	Makeni Government Hospital	<b>Karene</b>	Kamakwie Hospital
	Kamabai CHC		Gbinty CHC
<b>Bonthe</b>	Bonthe Government Hospital	<b>Port Loko</b>	Port Loko Government Hospital
	UBC Hospital Matru		Lungi Hospital
<b>Falaba</b>	Mongo CHC	<b>Pujehun</b>	Pujehun Government Hospital
	Falaba CHC		Zimmi CHC
<b>Bo</b>	Bo Government Hospital	<b>Moyamba</b>	Moyamba Government Hospital
	Koribondo CHC		Njala University
<b>Kailahun</b>	Kailahun Government Hospital	<b>Tonkolili</b>	Magburaka Government Hospital
	Nixon Segbwema		Mile 91 CHC
<b>Kenema</b>	Kenema Government Hospital	<b>Western Rural</b>	Waterloo CHC
	Panguma Hospital		Goderich CHC
<b>Kono</b>	Koidu Government Hospital	<b>Western Urban</b>	Lumley Hospital
	UMC Jiama Swafe		Rokupa Government Hospital
<b>Kambia</b>	Kambia Government Hospital		Kingharman Road Hospital
	Madina CHC		Macauley Street Hospital
<b>Koinadugu</b>	Kabala Government Hospital		PCMH Hospital
	Alkalia CHC		34 Military Hospital
			Connaught Hospital
			Youyi Building

### Coronavirus basics

- Coronavirus is here in Sierra Leone and it is spreading. The number of cases is increasing rapidly.
- Coronavirus mainly spreads from person to person when someone with the virus breathes it out and someone near them breathes it in.
- Because not everyone who has the virus feels sick, we can spread the virus without knowing it.
- This is why washing our hands with soap and water, keeping physical distance from others, and making sure our masks always properly cover our mouth, nose, and chin when we are in public places, even when we feel healthy, helps protect us and others from coronavirus.
- People over 60 years of age and people who have health problems have a higher chance of getting seriously sick or dying if they get coronavirus. This is because being older or having other health problems can mean that your body is not as strong and as able to fight sicknesses, like coronavirus.
- Call 117 if you have fever, tiredness, cough, or loss of smell or taste – getting tested for coronavirus right away is important for protecting our loved ones, friends, and coworkers, and stopping the spread to others.
- If you have questions or want to know more about coronavirus or coronavirus maklates, call 117 free on any network.

### What is coronavirus maklate?

- Maklates are one of the most effective tools we have to protect our health and prevent sickness.

- The maklates have been given to millions of people around the world so far and have continued to show they are effective at protecting people from getting sick from coronavirus.
- Getting the maklate when you have the opportunity will help protect you from getting sick.
- Being protected from getting sick is important because even though many people with coronavirus have only mild symptoms, others can get seriously sick, have long-term health problems, or even die.
- There is no way to know for sure how your body will react if you get coronavirus, even if you are young and healthy.
- Maklates like those for measles and tetanus have been used for decades to protect us from deadly diseases. Millions of people receive them safely every year. This is not the first time Sierra Leone is rolling out maklates to prevent sickness.
- Coronavirus maklates are not medicine to treat coronavirus. The maklates prevent people from getting sick with coronavirus.
- The coronavirus maklates offered by the Government of Sierra Leone have undergone many tests and have proven to be safe and effective.

#### **How does the coronavirus maklate work?**

- Coronavirus maklates work by helping our bodies build protection against coronavirus, so that if we come in contact with coronavirus in the future, our bodies can quickly fight it off so that we don't get seriously sick or die from it.
- The maklate is given by injection to the upper arm.
- To get the best protection from the coronavirus maklate, two doses are required.
- Both doses are needed for your body to build the best protection against coronavirus, and it can take up to two weeks after the second dose for the maklate to fully work.
- It is possible you can still get seriously sick from coronavirus if you come in contact with the virus before the maklate has time to fully work.
  - This is why it is important to make sure you get both doses of the maklate and keep taking preventive actions to protect yourself and others from coronavirus.
- When you get the first dose, the healthcare worker will give you a maklate card with the date that you should return for the second dose.
- Like other maklates and many common medicines we use, some people can experience minor side effects like soreness or swelling where the maklate was given. These minor side effects usually go away in a day or two.
- If you feel any serious side effects after taking the maklate, call 117 right away.

#### **Responsible information sharing**

- Knowledge is power, but when information shared is not based on facts and evidence, it can spread rumors and cause fear, panic and even harm.
- It is important to always make sure information is from a trusted source before sharing.
  - Key trusted sources include the Government of Sierra Leone, Corona Fet Na We All Fet Facebook page, World Health Organization (WHO), and the Centers for Disease Control and Prevention (CDC).

- It is good to cross-check with the website of the source to make sure what is being shared is actually true.
- You can help others stay healthy and prevent coronavirus by sharing messages on coronavirus put out by the Government of Sierra Leone.
- If you are not sure if something is true or you want to know more information about coronavirus or coronavirus maklates, call 117 free on any network.