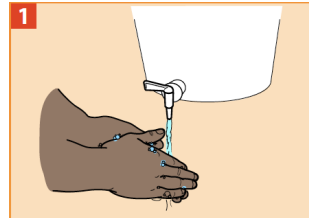


What you do if you have the signs and symptoms

- Avoid travel if you have a fever or cough.
- If you have signs and symptoms while traveling, inform the transport staff so they can help you get the care you need.
 - ◊ Getting early treatment can protect and save lives.
- If you have fever, cough, and difficulty in breathing, go to the nearest hospital or community health worker right away.
 - ◊ Make sure to tell the health worker if you or someone you know have traveled to another country within the last 14 days.
 - ◊ Getting early treatment can protect your family and loved ones from getting the sickness.

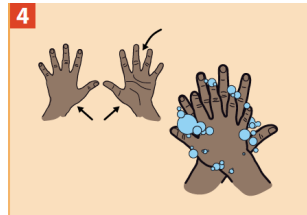
You can stop the spread of sickness by washing your hands well.



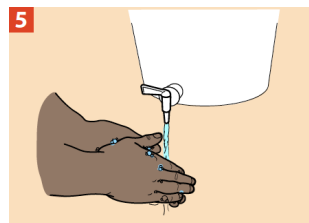
Soak your hands with water.



Use enough soap to cover all hand surfaces.



Rub hands together and scrub the backs of your hands, wrists, between your fingers and under your fingernails.



Rinse hands well with water.



Dry your hands with a tissue or swing your hands to dry them in the air.

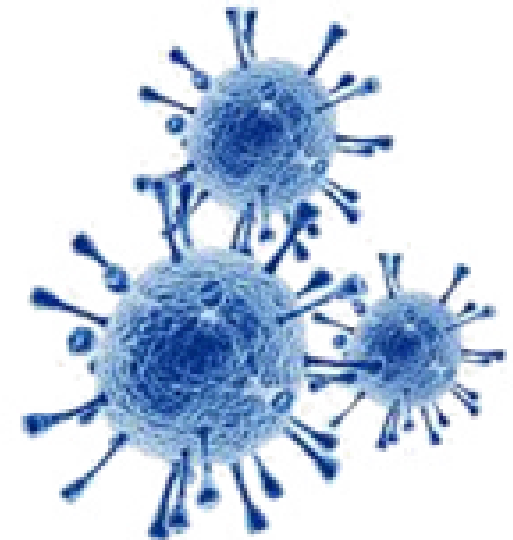
BE SAFE



GOVERNMENT OF SIERRA LEONE

Ministry of Health and Sanitation

CORONAVIRUS



What is Coronavirus?

- The 2019 novel coronavirus (2019-nCoV) is a new virus that can make people sick.
- Signs and symptoms include fever, cough, and difficulty in breathing.
- Sickness from coronavirus can range from not too serious to very serious and even death.
- This coronavirus can spread from person to person.

Signs & Symptoms

- Fever
- Cough
- Difficulty in breathing



Prevention

- Wash your hands frequently with soap and water.
 - ◊ Washing our hands with soap and water frequently is one of the best ways to keep healthy and help stop the spread of sickness.
- Do not touch your eyes, nose and mouth with unwashed hands.
- Cough or sneeze into your upper arm or sleeve. To help keep others safe from sickness, wash your hands afterward.
- Avoid close contact with people who have fever and cough.

