



CORONA FET



Week: 7th – 13th February 2021

Big Idea of the Week:

Show love, wear a mask.

Spread love, give a mask.

Valentine's Day is around the corner and love is in the air! Unfortunately, coronavirus may also be in the air if you are near someone who has the virus.

Coronavirus spreads when we breathe out tiny droplets carrying the virus like when we talk, sing, cough, and sneeze, and someone nearby breathes in the virus.

Wearing a mask correctly over our mouth, nose, and chin helps catch the tiny droplets from going into the air and spreading to others, and protects us from breathing in other people's droplets.

Valentine's Day is a time to celebrate love and appreciate the people who are special to us.

Wear a mask when we are in public shows our loved ones we care, want to protect them, and wish them long life.

Wearing a mask helps protect us from coronavirus and keeps us from bringing it home to our loved ones. You are not only wearing a mask for yourself, but for your family too.

Corona fet na we all fet!

Suggestions for people to interview

- People who have had coronavirus or their family members
- Older people and people with other health conditions who are looking to everyone to do their part in stopping the spread of coronavirus and help protect those who are most vulnerable
- Religious leaders who are leading by example
- Community leaders who are leading by example
- Family members who are taking prevention seriously to protect their family and community

Suggestions for questions for interviews and panel discussions

- What do we need to know about wearing our face masks correctly to make them most effective in protecting ourselves and our loved ones from coronavirus?
- How is wearing a mask correctly to stop the spread of coronavirus an act of love?
- One way to spread the love is to give masks to your family and friends. If you could design your own mask for your loved ones, what would it look like?
- What additional ways can we take action against coronavirus to show our loved ones we care about them and want them to live long and healthy lives?
- How can individuals and government work together to stop the spread of coronavirus in Sierra Leone? What role does each play?

Additional messages

Coronavirus is spreading in Sierra Leone and since not everyone who gets the virus shows symptoms, you cannot tell just by looking at someone if they have the virus.

If one person has the virus and spreads it to others, and then each of those people spreads it to others, within a short time, the virus can spread to communities across a city and the country.

While many people who have the virus feel fine, some people *do* get sick and can have long-lasting health problems.

Some people who get the virus can get very sick and even die, especially people who are older or have other health conditions.

We all have loved ones who are older and have other health conditions.

One important way to show love and kindness for those we care about is to wear a mask whenever we go out in public and are around other people outside our household.

Wearing a mask when in public sends a message of love, respect, and commitment to the health and wellbeing of your family.

It is important for us all to take action to stop the spread of coronavirus to protect ourselves and each other.

We know what we need to do to stop this virus and all of us can start taking these actions today.

- **Wash our hands frequently with soap**
- **Wear a face mask** over our mouth, nose, and chin whenever in public
- **Keep physical distance from others** whenever we can
- **Call 117 if we feel sick**, like fever, tiredness, cough, or you lose your ability to taste or smell

For more details around the government's revised measures for coronavirus prevention, visit the Corona Fet Na We All Fet facebook page or call 117.

GoSL Revised Measures for Coronavirus Prevention (shared February 5, 2021)

NaCOVERC wishes to inform the general public that with effect from Monday 8th February 2021 (until revoked), the measures to help curtail the second wave of coronavirus are revised as follows:

1. Restricted movement into and out of Western Area is lifted.
2. The nationwide night-time curfew from 10:00pm to 5:00am shall remain in force.
3. Bars and Restaurants shall not operate during weekends from Friday 10:00pm till Monday morning. Clubs remain banned.
4. Mandatory wearing of face masks in public spaces and public transportation will be strictly enforced.
5. Places of worship shall hold services for not more than ninety (90) minutes; with thorough infection prevention and control (IPC) cleaning before and after services.
6. Sporting activities shall only be conducted at National Sports Authority announced venues, and with no spectators.
7. ALL public meetings and activities conducted by Ministries, Departments and Agencies of Government, as well as by non-state actors, shall be prefaced with coronavirus prevention messages and compliance fully enforced.

ALL OTHER RESTRICTIONS remain in force.