

## Coronavirus facts

- Most people who get coronavirus have only mild symptoms or none at all. It is possible for you, or the person near you, to have the virus and not even know it.
- People with mild or no symptoms can still spread the virus to others.
- While most people who get the virus feel fine, some people can get very sick and even die, especially people who are older or have other health conditions.
- That is why taking **all** prevention actions, even if we feel healthy, helps stop the spread of coronavirus and protects ourselves and our loved ones.
- Currently, there is no marklate for coronavirus, but many of the symptoms can be treated.

You can help stop the spread of coronavirus by washing your hands with soap and water.



<http://www.dhse.gov.sl>

@DhseMohs

Public Health National Emergency Operations Center,  
Sierra Leone



**GOVERNMENT OF SIERRA LEONE**

**NATIONAL COVID-19 EMERGENCY RESPONSE CENTER**

**CORONAVIRUS**

**CORONA FET**



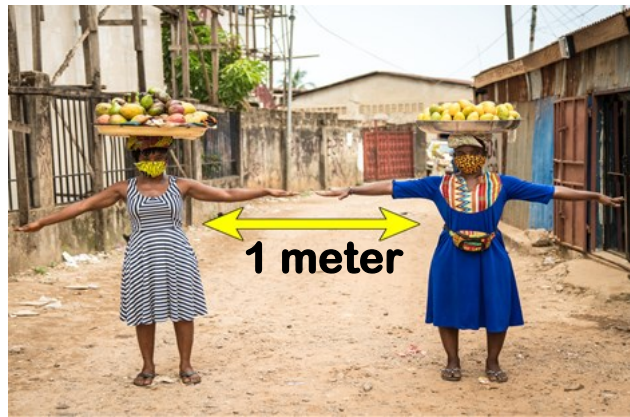
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## Transmission

- When someone coughs, sneezes, sings or even talks, they spray small liquid droplets from their nose or mouth, which may contain the virus.
- If you are close to a person with coronavirus, you can breathe in their droplets and get the virus.
- If the droplets land on a surface and your hand touches the surface and then you touch your eyes, nose or mouth, the virus can enter your body and make you sick.



**COUGH AND SNEEZE INTO  
YOUR UPPER ARM**



## Prevention

- Wash your hands frequently with soap and water, or use hand sanitizer that is at least 60% alcohol-based.
- Keep a safe distance of at least 1 meter or arms-stretch length from others.
- Wear a mask whenever you leave your house.
- Cough and sneeze into your upper arm or sleeve, even when wearing a mask.

## Signs and symptoms

- Fever
- Tiredness
- Cough

## What to do if you have signs and symptoms

If you have fever, tiredness and cough, call 117 right away.



**WEAR A CLOTH MASK WHEN  
YOU LEAVE YOUR HOUSE**