

## What you do if you have the signs and symptoms

- If you have fever, tiredness and cough, call 117 right away.
  - ◊ Make sure to tell the health worker or call 117 if you or someone you know has traveled to another country in the last 14 days.
  - ◊ Getting early treatment can protect your family and loved ones from getting the sickness.
- If you have signs and symptoms while traveling, tell the transport staff or call 117 so they can help you get the care you need.
  - ◊ Getting early treatment can protect and save lives.
- Avoid travel if you have a fever or cough.

You can help stop the spread of sickness by washing your hands frequently with soap and water.



<http://www.dhse.gov.sl>



@DhseMohs



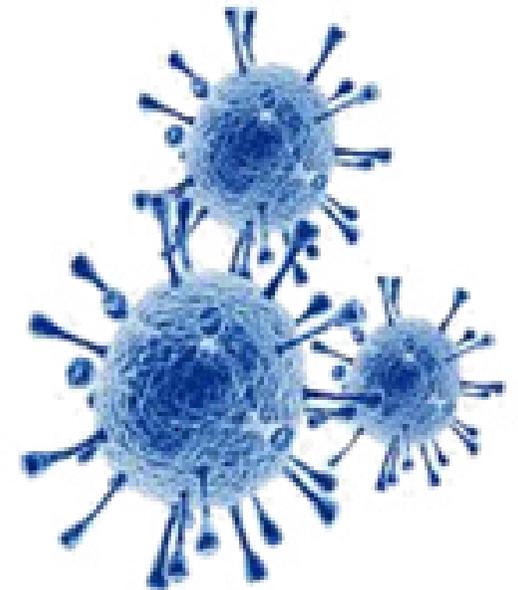
Public Health National Emergency Operations Center,  
Sierra Leone



**GOVERNMENT OF SIERRA LEONE**

**Ministry of Health and Sanitation**

# CORONAVIRUS



**23/03/2020**

## Fact about coronavirus

- The 2019 novel coronavirus (COVID-2019) is a new virus that can make people sick.
- Signs and symptoms include fever, tiredness and cough.
- Sickness from coronavirus can range from not too serious to very serious and even death. For most people, the sickness is not too serious.
- Coronavirus can spread from person to person.
- For updates and information about coronavirus, please visit the Government of Sierra Leone Ministry of Health and Sanitation Directorate of Health Security and Emergencies website ([www.dhse.gov.sl](http://www.dhse.gov.sl)).

## Signs and symptoms

- Fever
- Tiredness
- Cough



## Prevention

- Wash your hands frequently with soap and water.
- Use hand sensitizer (at least 60% alcohol-based) if there is no water.
- Do not touch your eyes, nose and mouth with unwashed hands.
- Cough or sneeze into your upper arm or sleeve.
- Avoid close contact with any person who is coughing, sneezing, or has a fever.
- Avoid shaking hands. Use other non-contact ways of greeting.
- Avoid physical contact and keep safe distance from others at public gathering.
- Regularly disinfect surfaces with alcohol based disinfectant or detergent.